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## **VNUS SAPHENOUS VEIN ABLATION PROCEDURE POST-OP INSTRUCTIONS**

Return to normal activity.

Walk at least 30 minutes each day.

Avoid sitting and standing still for long periods of time.

Wear compression wrap for 72 hours, do not remove.

When bathing avoid getting the wrap wet or damp.

Return to our office for ultrasound follow up after 72 hours.

After ultrasound, wear compression stockings for 1 week.

Compression stockings should be worn 24/7 and removed only for bathing.

Please make arrangements for someone to drive you home following the procedure. You will not be able to drive for the next 24-48 hours.

Please call our office with questions or concerns. 602.952.0002