



Biltmore Cardiology
CT INSTRUCTIONS

Patient Instruction for: _____ Account #: _____

You are scheduled for a: _____

This is scheduled for: (Day & Date) _____ (Time) _____ (Check-in Time) _____

Are you allergic to Imaging Contrast? Yes / no

Are you a Diabetic? Yes / no

Medications: _____

Labs within 90 days: Date: _____ BUN: _____ CREATININE: _____

Reference Labs: Date: _____ BUN: _____ CREATININE: _____

Pharmacy: _____ Tel #: _____ Spoke with: _____

Called in: _____

INSTRUCTIONS:

ANY QUESTIONS PLEASE CALL:

CALCIUM SCORE:

SANDY 602-952-0002

- Please arrive 1/2 hour prior to the test*
- ___ No caffeine for 12 hours prior to the test,
(This includes decaf products & chocolate)
- ___ No exercise prior to the test
- ___ Do not wear lotions or powders the day of the test

****\$79.00 fee due at time of testing****

CORONARY CTA WITH CHEST CTA

*(WITH CONTRAST (REQUIRES HR <60**PER B-BLOCKER PROTOCOL**))*

- Please arrive 1 hour prior to the test*
- ___ You are to have nothing to eat for 4-hours prior to the test
- ___ No caffeine 12 hours prior to the test,
(This includes decaf products & chocolate)
- ___ You may have water up to one 1-hour prior to the test
- ___ No exercise prior to the test
- ___ Do not wear lotions or powders the day of the test
- ___ Do not smoke the day of the exam.

LAST OFFICE VISIT DATE: _____

HEART RATE: _____

BLOOD PRESSURE: _____

Do you have a Pacemaker? _____

___ Continue all meds except:
Do not take Metformin day of exam
and for next 48 hours after exam.

CTA CHEST-NON GATED

(WITH CONTRAST)

- Please arrive 1/2 hour prior to the test*
- ___ You are to have nothing to eat for 4-hours prior to the test
- ___ You may have water up to one 1-hour prior to the test
- ___ Continue all meds except: Do not take Metformin day of exam and for the next 48 hours after exam

CT CHEST-NON GATED OR HEAD

(WITHOUT CONTRAST)

- Please arrive 1/2 hour prior to the test*
- ___ No other instructions, can eat, drink, & take medications

CTA ABDOMEN, RUNOFFS, & NECK

(WITH CONTRAST)

- Please arrive 1/2 hour prior to the test*
- ___ You are to have nothing to eat for 4-hours prior to the test
- ___ You may have water up to 1-hour prior to the test
- ___ Continue all meds except: Do not take Metformin day of exam and for the next 48 hour after exam

INSTRUCTIONS GIVEN BY: _____ DATE: _____